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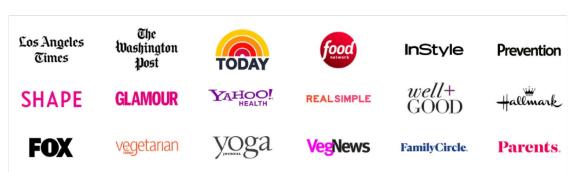
LAST BITE

Tess Masters is an actor, presenter, health coach, cook, and author of *The Blender Girl, The Blender Girl Smoothies*, and *The Perfect Blend* with Penguin Random House. She is also the creator of **The Decadent Detox**[®] and **Skinny60**[®] health programs. Tess shares her enthusiasm for healthy living at **TheBlenderGirl.com**.

Healthy recipes and tips from Tess have been featured in publications around the world, including the *LA Times*, *Washington Post*, *InStyle*, *Prevention*, *Shape*, *Glamour*, *Real Simple*, *Yoga Journal*, *Vegetarian Times*, FoodNetwork.com, Yahoo Health, FOX, Hallmark Channel, and The Today Show.

Tess's magnetic personality, infectious enthusiasm, and down-to-earth approach have made her a go-to personality for people of all dietary stripes who share her conviction that healthy living can be easy and fun.

In 2013, Pinterest acknowledged Tess's wide appeal when they featured her, along with Katie Couric, Dr Oz, Paula Deen, the NBA, Today, Starbucks, Anthropologie, Pottery Barn, Southwest Airlines, Patagonia, *Esquire Magazine* and 20 other celebrities and top brands in a global campaign viewed by millions, 30 Days of Pinspiration.



AS SEEN IN



The publishing industry jumped in next, and in response to widespread interest in The Blender Girl brand, Tess signed a multi-book deal with Random House. Ten Speed Press launched the first title, *The Blender Girl*, in Spring 2014. Williams-Sonoma made it their featured book for May and Mother's Day, with 111 stores across the U.S cooking their way through the book.

In Fall 2014, Random House launched *The Blender Girl Smoothies* app for iPhone and iPad. The app was one of 3 finalists for the year's best adult non-fiction app. *The Blender Girl Smoothies* book followed, in Spring 2015. *The Perfect Blend*, the last book in The Blender Girl series, was released in Fall 2016. Since the US publication of the series, *The Blender Girl* has been translated into multiple languages, including German, French, Portuguese, Italian, Czech, and Chinese.

In 2016, Tess became a partner in **Enjoy Pure Food + Drink**. The restaurant features smoothies and juices by The Blender Girl. In 2017, The Four Seasons Georgetown announced its healthy living menu, featuring recipes created by Tess.





100 gluten-free, vegan & paleo-friendly recipes



In 2017, Tess launched The Decadent Detox[®] website with a series of clean eating programs including a **3-Day Juice Cleanse**, **7-Day Raw Reset**, and **14-Day Cleanse**.

Then in 2019, Tess created her flagship program - **The Skinny60**[®]. This **60-Day Reset**, facilitated by a team of dietitians, includes a comprehensive nutrition education with a focus on better gut health.

To date, over 30,000 people have used Tess's programs to achieve better health.

In high demand as a consultant, presenter, and recipe developer, Tess was the global spokesperson for KitchenAid blenders, and presented the videos for the Vitamix 750 launch. She also worked on projects with Omega Juicers, Williams-Sonoma, Sur La Table, Wholefoods, Sprouts Market, Driscoll's, Califia, Silk, So Delicious, Four Seasons, Westin Hotels, and many other brands.

BRAND PARTNERS





Tess also enjoys a diverse performance career. She has toured internationally with acclaimed theater productions, worked in film and TV, and lent her voice to commercial campaigns, audiobooks, and popular video game characters.

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